

At Home ideas to promote communication and learning:

- Turn off the TV/cell phone and talk to your child about their day at school.
- When you talk to your child use eye contact and have them look at you too. Have your child practice talking to you using an indoor voice when you are communicating.

- Eat supper together as a family. Have your child help prepare a meal and set the table. Kids love to help in the kitchen.
- Take a walk around the neighborhood and notice/talk about how the season is changing and what happens when it rains.
- Read! Read! Read! Help your child find the letters in their name.



